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XTREME SOULUTIONS

Monthly Spotlight

In 2005, as the pastor of a local church, Blaine Whitt launched **Xtreme Soulutions** to help those facing poverty and addiction forge a different path for a brighter future. An overcomer himself, since he gave his life to Jesus, Blaine believed introducing others to Jesus Christ would be the key to change in their lives.

As the founder and President of Xtreme Soulutions ministering to incarcerated individuals, Blaine could envision these transformations resulting in reducing crime rates and delivering better rehabilitation outcomes in Florida. Along with reentry training, support and resources to inmates, he believed addressing their spiritual, social, and community needs would also create a healthier and stronger community. He began spending countless hours inside the wire, getting to know his students and developing his comprehensive, 3-year long faith-based program, Operation Launch.

By empowering participants to prepare for successful integration into society, Blaine's work and Xtreme Soulutions' approach grew to include over 200 men at any given time.







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These men reside in a dedicated dormitory where they are assigned to small groups, known as "families."

Built into the structure is fellowship, encouragement, study of God's Word and prayer support for one another.

This has become a critical factor in keeping these men from reoffending upon release.

Currently at 25.4%, the state's recidivism rate is notably lower than the national average, ranking among the lowest in the United States (1) and Xtreme Soulutions' graduates average a 4% recidivism rate. In addition, violent crimes and property crimes throughout Florida have also reduced by nearly 50% in the last two decades.

Witnessing life transformations every day among their participants continues to fuel and energize the staff at Xtreme Soulutions, as they provide curriculum, counseling and case management to their hundreds of students annually at Ocala's Marion Correctional Institution. Xtreme Soulutions provides 21 core classes, as well as a broad selection of electives, during the 36-month program, on topics ranging from anger management, family counseling, and financial literacy to job-training and employment readiness.

1. Florida's Department of Corrections defines recidivism as the percentage of released inmates who return to prison within three years.







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Recently a therapeutic and life-giving addition to their program has been the development of a Garden Project where inmates earn a Farm Credential by tending soil, watering seeds and growing produce which they go on to donate to local food banks. **The Garden Project** has been so successful the prison provided an additional acre lot for men to farm. They also opened the project up for men in the general population to work side-by-side with the current students, who enjoy this opportunity to get to know new men and often to share their faith with them.

With a generous spirit,

CED Kimberly Whitt is immersed in the work of Xtreme Soulutions both inside the prison and in the community.

Kimberly manages relationships with community partners and government entities to ensure the success of their participants. The current and future vision for Xtreme Soulutions also entails new locations in additional facilities within the state, to reach more inmates. Kimberly stresses the importance of furthering collaboration and fundraising needs in achieving these next steps. Xtreme Soulutions relies on the support of their Board of Directors and their volunteers. Volunteer opportunities exist for individuals, groups and churches who wish to contribute to their program's goals and to the broader benefits of a safer and more economically stable society.







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The team and community also appreciate financial donations, gifts-in-kind, and help in spreading the word about their transformative, Xtreme Soulutions. In September, they will participate in the **Give4Marion** initiative to encourage added support as well.

For more information visit:

https://www.give4marion.org/organizations/xtreme-soulutions







FOUNDER & EXECUTIVE DIRECTOR
OF BELOVED ATLANTA

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What have been some of the most rewarding moments since founding BeLoved Atlanta in 2012, and helping women escape human trafficking?

BeLoved was founded on the belief that every single person has such value and dignity. We believe our communities are better when each person is able to show up as their most healed and authentic self.

The moments that impact me most at Beloved are watching women step into their own strength.

Over the past 12 years, I have watched myself, other staff members and residents embrace who we are, and it amazes me every time. Often these moments do not look huge from the outside: it can be the choice to continue therapy when the pain feels overwhelming, or go a whole day without turning to drugs and alcohol, or taking the risk to hope after everything has taught you it will end in disappointment.

Every day the BeLoved staff and residents choose to show up, give their all, build community, and chase a better future together. Getting to be a part of this has impacted every part of my life.





AMELIA QUINN
FOUNDER & EXECUTIVE DIRECTOR
OF BELOVED ATLANTA



Your complimentary, individualized clinical approach includes: safe housing, mental health services, strength based case-management, and healthy community. With three homes currently in the Atlanta area, are you considering adding more residences? How might you envision your organization's outreach and/or impact evolving over the next ten years?

BeLoved has big dreams for the future. We desire to be an organization that meets the needs of the population we serve and are constantly learning and growing in how to best accomplish this. Over the past 12 years, we have seen a need for a crisis stabilization home where women who are first entering the program or may need extra support for a season can live with a higher level of care. We have also seen the need for an outpatient center for women who may not need a residential program.

Our goal is to eventually meet both of these needs, but we are committed to growing at a pace that does not sacrifice the individual care of each woman in the program.

We are currently working on gathering more program data and ensuring we have a stable foundation before launching into the next phase of growth.





AMELIA QUINN
FOUNDER & EXECUTIVE DIRECTOR
OF BELOVED ATLANTA



What advice can you give someone looking to start a nonprofit focused on human trafficking or sexual exploitation issues? How are you personally able to stay motivated and passionate amidst these complex causes?

I am constantly reminded that it is so easy for us to assume we know the best path forward or what other people need. My best advice to myself and others is to listen. Individuals who have experienced trafficking are the experts. Each person is the expert of their own recovery journey. Listen to survivors, listen to those who have already been doing this work, listen to clinicians who understand trauma. Sometimes the great need of this work pushes us to go fast but this is a population that deserves the very best care and that takes time to build.

Being a part of this movement for the past decade has been such an honor. Early at BeLoved, the board made it a requirement for all staff to personally participate in therapy. Though there are many factors that motivate me to continue this work, a key aspect is being on my own healing journey within this community. I too am growing, healing, and becoming a more authentic version of myself and I couldn't imagine a more beautiful community to do it within.





AMELIA QUINN
FOUNDER & EXECUTIVE DIRECTOR
OF BELOVED ATLANTA



How can individuals and the Serving USA community get involved in truly assisting survivors of human trafficking? How can people best support BeLoved Atlanta and its mission?

A large part of fighting trafficking is talking about the power dynamics that are in place. We have a society that is built on the belief that some people hold a higher value than others. Because of this, those in power use others for their own gain. We must name and live a life that honors the value and dignity of every single person.

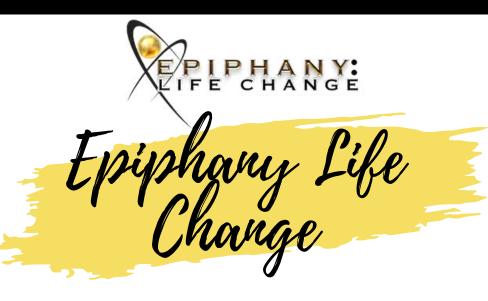
BeLoved offers all programming free of charge to residents. The top way you can support this work is through giving. This allows us to continue providing residential homes and the restorative program, but it also serves as an encouragement to survivors, reminding them there are individuals out there who are so committed to their future that they are willing to invest in it.

To learn more about BeLoved and how to support their work, please visit:

https://www.belovedatlanta.org







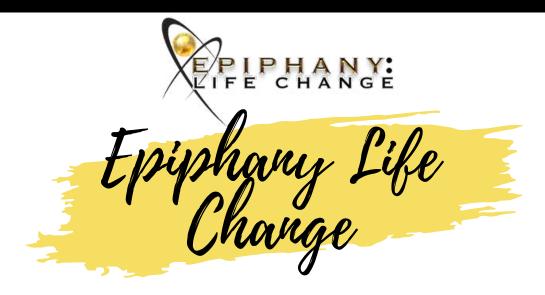
For the past decade, Pastor Charles Anderson and **Epiphany Life Change's ministry** has reached men and women inside prisons and jails, and with God's grace is now expanding into new facilities throughout the State of Texas and beyond. As Pastor Charles remains committed to the powerful calling he received from Christ, 'to train and equip inmates with Biblical knowledge,' he is finding the business of scaling his ministry to meet the growing demand for educating many hundreds of people, and providing transitional housing as well, requires an exceptional number of resources. It is refreshing to receive reminders from his students that he and his team's dedication to the work is certainly paying off. Here is an encouraging excerpt from a letter he received from one of his students earlier this year:

As I write this letter, I write it as a prisoner in a Texas prison! I am locked up in a place of chaos, unrest, violence, unspeakable things, all because I chose to listen to the devil, to trick me into believing I was nothing, no one.

Believing I was a mistake, a lie.

I allowed the devil to sell me the lie that drugs are cool, that violence was O.K., that my parents and family didn't love me, that everyone who was telling me to do right, giving me positive and healthy advice, didn't know what they were talking about! I allowed the enemy to tell me that having sex outside of marriage was alright, that I didn't need GOD, family, Church, and my community. It was all a lie! Because, what I did, I am encouraging you not to do!





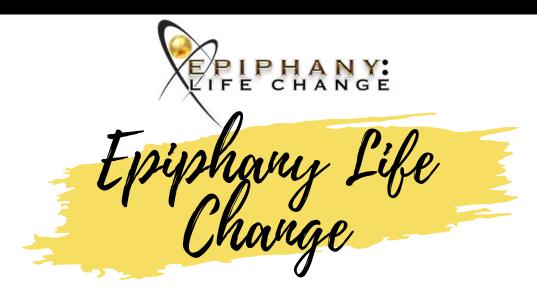
I have spent many years in prison, alone, sad, ripped away from all that I love and know. The people who said they were my friends are not there with or for me. See, you find out the truth in the face of adversity. If things are well with you people will flock to you but when troubles come, the only one around will be those that really, purely love you. I understand the things you all face and are up against. I too faced them and still face most of them. See if it wasn't for God, His love, grace, forgiveness, promises, and mercy, I would have been dead and destroyed a long time ago.

So, all in all what I am saving is to seek God through Tesus Christ!

In Him you have everything you need. In Him you are safe and protected from the devil! Listen to your parents, elders, grandparents. Honor God and your parents because it promises you long life (Exodus 20:12). Stay away from drugs, guns, violence, negative things, and negative people. As you grow into men and women seek the Lord daily, asking Him what He says about you, and a great place to find what He says is written in the Word: The Holy Bible!

Ask God to give you wisdom, knowledge, and understanding of His Word, Him, and all things. Ask God to reveal Himself to you and to show you your true identity in Him! Focus on God, school, Church and positive things. Never forget that God loves you, I love you. I am cheering you all on. I believe in you all, so does your family, and community.





If by some chance your family or the community does not believe in you, which I don't believe is true, just know, believe, and embrace that God does, as I do-- and believe in yourselves. Believe in God and yourselves. You WILL make mistakes, we all do. But always remember that your mistakes are NOT who you are, only something you've done.

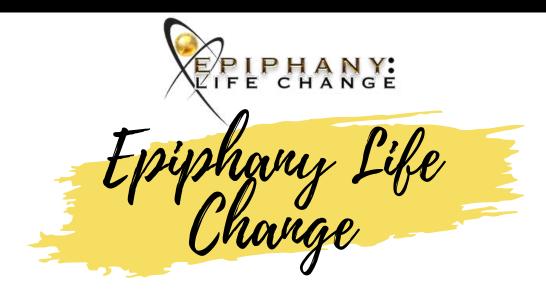
God, the creator of heaven and earth, and all things in them, is the DNLY one who defines who you are.

Everything God commands, do it, and do it just as He says to! I give God glory for His purpose for all of you. I thank God for saving me and my life, so that I can come back and encourage you all. It is my prayer that you all grow in the grace and knowledge of Jesus Christ my Lord. In Jesus Name! AMEN! In the spirit of Jeremiah 29:11, I leave you with what God says: "For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope." God wants peace towards (for) you! He has a great future and hope for you all! In Him alone will you experience true everlasting peace, a great future, and hope! GOD Bless You All!

-Frederick E. Reed

P.S. To the elders, Pastors, church mothers, deacons, fathers, mothers, teachers, police officers, judges, the community of Cleveland, and surrounding areas: Be careful NOT to give up on our youth because if we would honestly evaluate ourselves, we will find that we have failed them at some point or another.





They NEED us, Jesus, and we all need each other. I love you all and for everyone who poured into me and my life I am grateful. I apologize for disappointing you all! GOD Bless!



Epiphany Life Change will be hosting their 1st Annual fundraising event on Saturday, September 28th, in South Pasadena, Texas. The 'Already in White' event will feature Serving USA's Board Member, Reverend Dr. Don Davis, the Founder and Former Director of The Urban Ministry Institute, who also is a Senior Executive Advisor to World Impact.

For more information, please see: https://www.epiphanylifechange.org/fundraiser/



President's Corner



Greg Bruce
President, Serving USA

Central to our faith as Christians, and reflected in the mission of Serving USA, is the radical and unconditional love that Jesus demonstrated throughout his life, ministry, and ultimately in his sacrifice on the cross. Not based on a person's actions, status, or worthiness, unconditional love is displayed when we reach out to the marginalized and offer grace and forgiveness. Serving USA strives to improve the lives of Prisoners, Veterans, and Women in Recovery, entering partnerships with groups nationwide that demonstrate the ability to interact with people from all walks of life. Such outreach is critical as we desire to provide inclusive love and extend support to everyone, regardless of their background.

This month we highlight the transformative work of **Xtreme Solutions**, whose founder Blaine Whitt, compassionately provides actions of service and impact to incarcerated men in Ocala, Florida. We introduce Georgia's Amelia Quinn, who boldly leads her team at **BeLoved Atlanta** in modeling God's grace to women escaping the sex industry. We celebrate with Pastor Charles Anderson's **Epiphany Life Change** and share the profound changes God has made in the life of their student Frederick E. Reed who, in realizing his worth, now reaches out to inspire others and draw them nearer to Christ.

We also share this <u>highlight video</u> from Cobian's Salt & Light Event, where **The Training Center-San Diego's** Dennis Martinez and his group of professional performers and athletes recently represented the gospel message to inmates at Centinela State Prison.

We appreciate your ongoing support of <u>Serving USA</u> and our network of exceptional partners. <u>May we continue to be encouraged to emulate the love of Jesus to those we encounter in our communities and stand up for justice and mercy for our neighbors, be they near or far away.</u>

hank you.

-Dr. Greg Bruce



Get On Contact



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Questions?

IF YOU HAVE ANY QUESTIONS, COMMENTS, OR CONCERNS REGARDING INFORMATION WITHIN THIS NEWSLETTER,

PLEASE CONTACT INFO@SERVINGUSA.ORG

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Partner Events



September 7th

Powerhouse Ministries, (Folsom, CA) 7th Annual Light Up the Dark Music Festival
Zittel Family Amphitheater, Historic Folsom, CA
Food Vendors: 5:30PM PST | Concert: 7:00PM – 10:00PM PST

Featuring music by The Sky Kings, Kristen Brown (The Voice), & The Sugar High Band.
All proceeds will go toward Powerhouse Ministries' efforts to end the cycles of addiction, abuse, and poverty in our region.





September 7th-28th

Teen Challenge (Central and Southern California)
Walk for Recovery, 5K Fundraiser Walk, in 8 Locations
September 7th: San Diego, CA
September 14th: Shafter and Riverside, CA

September 21st: Long Beach, CA

September 28th: Irvine, Reedley, Lancaster and Ventura, CA

Transform lives, inspire change and build community. Let's come together, walk with purpose and help others experience new life.





Partner Events



September 12th

Brookside Community Development Corporation (Indianapolis, IN)

Come to the Table – Brookside CDC Annual Gala

September 12th: 6:00PM – 9:00PM EST

The Heirloom at N.K. Hurst, 230 W. McCarty Street, Indianapolis, IN 46225

This year we are celebrating what God has done through Brookside as we have worked with our family to make a difference in our neighborhood. Get ready for an evening of inspiring speakers, good food and fundraising. Your attendance helps us continue our vital work in the community. We can't wait to see you there!





September 19th

North Texas Giving Day Oasis Center (Dallas, TX)

The Oasis Center is participating in the largest community-wide giving day in the nation. The 18-hour event promotes nonprofits and their contributions, encouraging donations and raising awareness about these important initiatives.





Partner Events



October 16th

Marjaree Mason Center (Fresno, CA)
41st Top Ten Professional Women & Leading Business Awards
11AM PST, Luncheon and Awards Presentation
Fresno Convention & Entertainment Center, 848 M Street, Fresno, 93721

Bringing together trailblazers who have made significant contributions to their industries while raising awareness surrounding the issue of domestic violence.





October 17th

Rebirth Homes (Riverside, CA)
Love Works: Rebirth Homes 2024 Fall Gala
5:30PM – 8:30PM PST

The Grove Church, 19900 Grove Community, Riverside, CA 92508

Join us for an evening of celebration as we come together to see how love has worked to redeem lives, restore relationships and build a healing community of survivors.





Partner Events



October 17th

REST (Seattle, WA)
A Night of REST Gala
5:00PM PST, 6:30PM Dinner, Live Auction and Program
The Sheraton Grand Seattle, 1400 6th Avenue, Seattle, 98101

One of the most anticipated events dedicated to ending sex trafficking; storytelling, inspiration and impact as we come together to raise funds to help survivors.





October 18th

Foundation for Women Warriors (Mission Viejo, CA)

3rd Annual SoCal Veteran Charity Golf Classic & Dinner Event 10:30AM PST

Arroyo Trabuco Golf Club, 26772 Avery Parkway, Mission Viejo, 92692

Benefiting women veterans and their children! Join us for a day of fun, golf, and raising funds to support the Foundation for Women Warriors; a 103-year-old nonprofit organization dedicated to honoring and empowering the women veteran community.





Partner Events



October 18th

The Soulfisher Ministries (Saint Louis, MO)

11th Annual AGAPE Gala: "Where Flowers Bloom" 6:00PM CST
The Ritz-Carlton, 100 Carondelet Plaza, St. Louis, 63105

*Help support families who have been impacted by the criminal justice system *Provide safe housing for women transitioning out of incarceration *Workforce development classes for justice-impacted people *Programming for youth with incarcerated parents.





October 24th

Saint Leonard's Ministries (Chicago, IL)
"Evening of Celebration & Recognition" Awards Ceremony
VIP Mixer 5:30PM, Celebration begins at 6:30PM CST
Wildman BT, 3022 W. Carroll Ave., Chicago, IL 60612

This inaugural event honors Saint Leonard's 70-year legacy while creating new memories for the Ministries' community.

